


UPT Parks and Recreation

Family Bingo

Read a Book	Go for a walk	Color a picture	Bake something	Conduct a science experiment
Practice yoga	FaceTime family or friends	Do a puzzle	Go for a bike ride	Complete a scavenger hunt
Play a board game	Make a friendship bracelet		Listen to a new song	Watch a new movie
Work in the garden	Play a card game	Make a campfire	Wash your car	Build a fort
Make a TikTok	Have a picnic	Have a catch	Mail a letter/card to a loved one	Build something

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